

In the heart of Arelaune

In the Middle Ages, the forest bore the name of Arelaune, disappeared to give way to the Brotonne ... without we know too much why. It presents in its eastern and southern parts the greatest diversity of relief and therefore vegetation : it grew on an old loop of the Seine, abandoned by the river some 500 000 years ago ; the relief, rather flat inside this meander, is therefore very uneven where the Seine and its affluents flowed. The old beds are often havens of freshness. Beautiful wild trails and the GR 23, which runs along the left bank of the Seine, offer superb views over the valleys sometimes very deep.